



National Award Winning
Day Spa, Skin Clinic, Beauty Salon

Cancellation Policy & Spa Etiquette

Cancellation Policy

To secure a booking, we ask for a 50% deposit. If you wish to change it, we require 24 hrs notice, 48 hrs for 2 hr bookings & 5 days for longer bookings, spa packages & bookings for more than one person, otherwise 50% of the total treatment price is charged.

Arrival Time

Please arrive 15 mins before your appointment so you can check in & enjoy your treatment without rushing. If you are late, your treatment may be shortened or cancelled with the full cost payable. In the unlikely event you are waiting more than 20 mins after your appointment time, you will be not be charged.

Smoking & Noise

We operate a no smoking or vaping site. As a courtesy to others please keep noise to a minimum & switch off your mobile.

Children

For their safety & our insurance requirements, no children under 11 are allowed into the spa.

Bespoke Treatments & Our Brands

All our treatments are tailored to personal preference such as massage pressure, skin type & aroma so are suitable for all genders. The only treatment we do not offer is hair removal from male intimate areas.

We chose Jessica Nails, Lycon, Vita Liberata, Environ, Jane Iredale & the Advanced Nutrition Programme as we firmly believe they are the best in the spa & beauty industry. ESPA chose us as they are confident we operate to the highest standards & we reflect their values of natural beauty & inner calm. We are in good company with leading spas in over 50 countries.

Online Shop

Our skincare products, gifts & gift vouchers are available from our online shop. Please note some Environ products can only be bought online after a consultation with a trained Environ therapist due to very active levels of vitamins. If you have not bought Environ from us before, please book a free consultation.

Spa Packages

Please see website for seasonal specials. Our packages include the use of robes, slippers & our relaxation room.

Pure Essence Spa Package £68 | 1 hr

Choose two treatments: back, neck & shoulder massage
● ESPA essential facial ● 30 minute manicure ● sunlight therapy.

De-stress Spa Package £99 | 2 hrs

leaf bespoke body massage ● head or foot massage ● sunlight therapy ● two course lunch.

Signature Detox Package £135 | 2¼ hrs

A great way to energise your body after illness or frantic activity: body exfoliation to remove dead skin cells & stimulate your lymphatic system • mineral mud wrap to eliminate toxins ● facial massage to help lymphatic drainage ● bespoke body massage ● sunlight therapy ● two course lunch.

Pure Bliss Relaxation Package £130 | 1¾ hrs

leaf bespoke body massage with hot lava shells ● ESPA natural beauty facial ● head or foot massage ● two course lunch

Lady in Waiting Spa Package £150 | 3¼ hrs

For mums-to-be from the 12th week of pregnancy (but you don't have to be pregnant to book this): ESPA soothing maternity massage ● ESPA natural beauty facial • luxury manicure or zenspa luxury pedicure ● sunlight therapy. Add two course lunch £15

Me & Mum Spa £55 each | 1½ hrs

A special treat for 13-16 year olds to spa & chillax with an adult. You will share a double treatment room & enjoy: ESPA essential facial ● makeover using Jane Iredale skincare make-up (suitable for teenage skin) or 30 minute manicure ● sunlight therapy

Total Skincare Package £85 | 1¾ hrs

Skin analysis with the Observ diagnostic machine ● 60 mins facial tailored to your results ● makeover with Jane Iredale skincare make-up ● 2 months' supply of ANP Skin Vit A+ (worth £20) which also contains vitamin D

Facials at leaf

Our skincare experts have vast experience & undergo continual professional training. We are an International Institute of Anti-Ageing Gold Standard salon & one of the few UK Salons of Excellence. We give honest, expert advice & a choice between ESPA natural, hands-on facials or results driven facials using the best skincare machines: Environ, CACI, Dermalux & SkinPen

The following treatments are an excellent starting point . We can then devise a treatment plan to meet your concerns & budget.

Observ Skin Analysis £25 | 30 mins

This charge is redeemable against any facial or product from our skincare, make-up or Advanced Nutrition Programme ranges or our

Total Skincare Package £85 | 1¾ hrs

Skin analysis with our diagnostic machine • 60 mins facial tailored to your results • makeover with Jane Iredale skincare make-up • 2 months' supply of skincare vitamins (worth £15-£20)

ESPA Natural & Vegan Facials

Natural Beauty Facial £65 | 55 mins

ESPA facials use natural plant extracts & oils & we will tailor the products to your skin's needs. Includes a steam cleanse, exfoliation, facial massage, mask & a scalp or arm massage. Vegan & men's products can also be used

ESPA Natural Face Lift £90 | 90 mins

A specialised facial using Japanese Kobido inspired massage techniques & stimulating Jade rollers leaving the skin firm, lifted and beautifully radiant.

ESPA Active Nutrients Facial £65 | 55 mins

We work on your scalp, face, neck & décolleté using GuaSha massage, steaming & exfoliation so that your body, mind & skin feel renewed & your face positively glows.

Facials for Ageing & Sagging Skin

Environ Youth Reset

£68 | 60 mins course of 6 £340

£90 | 90 mins course of 6 £450

Small electrical pulses drive vitamin A & peptides into the skin to help soften the appearance of fine lines, sagging skin & sun damage. 60 min facial treats 3 areas of concern, 90 min treats the whole face, neck & décolleté

Triple Lift Facial

£105 | 90 mins course of 6 £525

£120 | 2 hrs course of 6 £600

Our most powerful anti-ageing facial combines the Environ Youth Reset facial with CACI eye & jowl lifts. The peptides work on skin tightening, smoothing & plumping, while CACI gives a powerful muscle lift around the eyes & jowls.

CACI Non Surgical Facial Lift £65 | 60 mins
£495 | course of 10

Small electrical impulses lift & tone facial muscles, improving elasticity & reducing fine lines & wrinkles.

Environ Bright Recovery Cool Peel £68 | 60 mins
A gentle lactic acid cool peel to assist with dull, ageing skin, resulting from excessive sun exposure.

Facials for Breakouts & Acne

Environ Deep Cleansing Facial £55 | 45 mins
£275 | course of 6

This unique, deep cleansing facial gently exfoliates the skin's surface, purifies it and helps to control congestion & breakouts, leaving skin looking healthy and refreshed.

Environ Problem Skin Cool Peel £68 | 45 mins
£340 | course of 6

You will need to prepare your skin with an Environ vitamin A moisturiser for 3 weeks before having this peel. It should help to manage acne & distressed skin by purifying, unclogging pores & dissolving impurities. Our hero treatment for problem skin.

Facials for Dry & Dehydrated Skin

Environ Moisture Boost Facial

£68 | 60 mins course of 6 £340

£90 | 90 mins course of 6 £450

Hyaluronic acid is the hero ingredient here which helps to reduce the appearance of fine lines caused by dehydration, plumping up the deeper layers to promote glowing skin.

CACI Non Surgical Hydratone Lift £70 | 65 mins

This is a classic CACI lift & tone facial with the addition of a rehydrating & plumping gel mask which is very good for dry, mature skin & dark circles round the eyes.

Facials for Pigmentation

Environ Radiance Reveal Facial

£68 | 60 mins course of 6 £340

£90 | 90 mins course of 6 £450

A targeted solution for sun damaged or dull skin.

Environ Vibrant-C Cool Peel £68 | 60 mins |

A concentrated vitamin C infused peel that is freshly mixed before use for ultimate freshness & efficacy. Proven to deliver a healthy complexion with even skin tone & texture. An excellent choice for sun-damaged, pigmented & mature skin.

Facials for Scarring & Textured Skin

Environ Skin Renewal Cool Peel £70 | 60 mins

£350 | course of 6

You will need to prepare your skin with an Environ moisturiser for 3 weeks before having this gentle peel. It reduces the appearance of premature ageing, fine lines & uneven skin tone, achieving smoother, brighter skin without damaging the epidermis.

Facial for Rosacea & Sensitive Skin

Environ Comfort & Calm Facial

£68 | 60 mins course of 6 £340

£90 | 90 mins course of 6 £450

Facials for Eyes, Jowls & Forehead

For Your Eyes Only Treatment £48 | 40 mins

Treats dark circles, puffiness, fine lines & tired eyes, combining a peptide & hyaluronic acid serum with a CACI muscle tightening eye lift & LED phototherapy.

Environ Focus Frown Treatment £55 | 45 mins

Helps to relax muscles & frown lines around the eyes & forehead. To get the best results, use Environ Focus Frown pentapeptide serum at home for 4-6 weeks after your facial. A good alternative to Botox.

CACI Eye or Jowl Lift £30 | 25 mins

Small electrical pulses lift & tone muscles round the eyes or the jowl line to improve & prevent fine lines & wrinkles

Micro-needling with SkinPen

175 | 60 mins course of 3 | £450

Micro-needling, aka Collagen Induction Therapy, is an advanced alternative to facelifts & other surgical treatments. SkinPen makes 'micro pricks' in the skin with very fine needles. This stimulates the skin to heal itself, releasing collagen, elastin & new cells, reducing sagging, wrinkles, pitting & scarring. We finish with LED light therapy to accelerate cell renewal and repair.

LED Light Facial

The Dermalux tri-wave delivers LED Phototherapy in a combination of Blue Light, Red Light & Near Infrared that is tailored to your skin condition for total skin rejuvenation. Your face will be thoroughly cleansed, assessed & prepared then moisturised & protected post therapy. £40 | 30 mins

Add Dermalux to any facial £20 | 20 mins

Massage & Body Treatments

leaf Bespoke Massage

45 mins £50 course of 6 £250

60 mins £65 course of 6 £325

80 mins £82 course of 6 £410

The massage will be tailored to your needs, varying pressure & oils to release tension, boost energy, ease stiffness or aid sleep. Add hot lava shells **£10 extra**

Hot Lava Shells Massage £60 | 45 mins

A superior experience to hot stones.

Indian Head Massage £36 | 35 mins

Includes a neck & shoulder massage.

Foot & Leg Massage £36 | 35 mins

A reviving exfoliation & deeply therapeutic massage

ESPA Back, Face & Scalp Massage £90 | 90mins

Our ultimate revitalising treatment working on key areas of tension. It includes a back exfoliation & massage, a bespoke facial & a scalp massage to leave you totally relaxed & rejuvenated. Add hot lava shells **£10 extra**

ESPA Mindfulness Massage £90 | 90 mins

Still your busy mind with this holistic & deeply relaxing experience. Your therapist will guide you through breathing & visualisation before massaging reflexology points on your feet. The gentle massage is continued up your body ending with a re-energising scalp massage & rose quartz crystals on your temples. Helps you to focus on the present with a renewed sense of positivity.

ESPA Special Soothing Massage £60 | 50 mins

A deeply comforting & nurturing massage. You remain face up & completely supported on pillows. Ideal for the elderly & those with mobility issues or anxiety.

ESPA Deep Cleansing Back Massage £60 | 50mins

A luxurious exfoliation is followed by a stimulating back massage. A bespoke mask of essential oils & marine mud is then applied while you enjoy a relaxing leg & foot massage. Ideal for all skin types as well as congested skin to stimulate circulation & cell renewal.

Massage & Body Treatments

ESPA Holistic Body Scrub £35 | 25 mins

Your skin is exfoliated with an exquisite combination of plant extracts & oils, removing dead cells & stimulating your lymphatic system leaving your skin smooth & soft. Perfect on its own or before a massage.

ESPA Body Wrap £90 | 90 mins

A wonderful treatment to purify your body or deeply nourish your skin. Firstly, a luxury exfoliation softens & smoothes your skin. A personalised mineral-rich, mud wrap is then applied while a soothing scalp massage restores inner calm. Once the wrap is removed we finish with a bespoke body massage.

Reflexology £65 | 60 mins

A deeply relaxing treatment. Sara, a specialist therapist & qualified nurse, massages & applies pressure to reflex points on the feet & lower legs. This can relieve stress & anxiety & improve sleep. Reflexology is especially beneficial for those living with cancer or dementia & Sara has advanced training & experience in this speciality.

Reiki £65 | 60 mins

Our therapist, Sara is a Reiki Master & a qualified nurse. Reiki is gentle, non-invasive & said to use energy flow from the therapist to the recipient. It can be very beneficial after illness, for anxiety & for those living with cancer or dementia.

Sunlight Therapy

Individual use: £20 | 60 mins / £15 | 30 mins

2 to 4 people: £48 | 60 mins

Our unique safe sunbathing environment. Scientists agree 30 minutes sunlight a day triggers the production of vitamin D & boosts the immune system to alleviate problems such as depression, SAD, eczema, high blood pressure, cholesterol & some menopause symptoms. It is used in spas & clinics in Scandinavia, Canada etc .

A lovely way to spend time with friends & we are happy to provide glasses & plates if you wish to bring a celebratory drink & birthday cake. We regret no picnics or other food may be brought in.

Especially for Mums-to-Be

All our pregnancy treatments are carried out by specially trained therapists. We have established a strong reputation in Chester & Cheshire, not only for pregnancy massages, wraps, facials & spa packages but also for intimate waxing in the later stages of pregnancy.

ESPA Mum-to-Be Body Wrap £90 | 90 mins

A deeply nurturing body treatment carefully designed for pregnant (12 weeks onwards) & nursing mothers to relax the body, calm the spirit & tone the skin. Gentle exfoliation & advanced massage techniques, using natural calendula-infused oil, soothes areas prone to tension & stress. A warm, moisture rich body mask is applied to the whole body then a relaxing scalp massage.

ESPA Maternity Massage £60 | 50 mins

This deeply comforting body massage is specially created for pregnancy to cocoon & nurture mother & baby, reduce fatigue & ease tension when shifts in posture cause aches & pains.

Lady in Waiting Spa Package £150 | 3¼ hrs

For mums-to-be from the 12th week of pregnancy: ESPA soothing maternity massage • ESPA personalised facial • luxury manicure or zenspa luxury pedicure • sunlight therapy. Add two course lunch £15

Pre-Natal Waxing

Prices on page 11.

Unisex Waxing & Threading

We use Lycon hot wax for all facial & intimate waxing. This is widely regarded as the best there is & as pain free as it gets, even on sensitive skin! We also offer facial hair removal by threading, with prices as for waxing. Although we can remove stubborn hair as short as 1mm, for the very best results, we recommend you allow 4-6 weeks after your last wax or shave. Please note, we do not wax male intimate areas.

Lip or Chin	£11	Lip & Chin	£20
Eyebrows	£15	Eyebrow, Lip & Chin	£32
Underarm	£15	Nostrils	£11
Half Leg	£29	Full Leg	£40
Half arm	£18	Shoulders	£24
Full Back	fr £38	Chest (inc stomach)	fr £28
Bikini	£18	Extended Bikini	£23
G-String	£30	Brazilian/Hollywood	£40

Waxing Packages

Half Leg & Brazilian or Hollywood	£65
Full Leg & Brazilian or Hollywood	£75
Half Leg, Brazilian or Hollywood, Eyebrows or Underarm	£75
Half Leg, Brazilian or Hollywood, Eyebrows & Underarm	£85
Full Leg, Brazilian or Hollywood, Eyebrows or Underarm	£85
Full Leg, Brazilian or Hollywood, Eyebrows & Underarm	£95

Manicures & Pedicures

Jessica File & Polish £25

Nails are shaped, treated with a prescriptive basecoat & finished with a colour or a French polish.

Jessica Luxury Manicure £35

Includes an anti-ageing hand & arm treatment before your cuticles & nails are trimmed, conditioned, shaped & finished with a colour or French polish.

Jessica Geleration Manicure £40

Cuticles are trimmed & your nails shaped & buffed before painting with a soak-off gel for a longer lasting, hard-wearing finish that is dry instantly. Includes a hand & arm massage.

Jessica Gel Removal before Re-application £10

We regret we can only remove gels that have been applied at leaf as Jessica gel remover does not remove all other brands easily or speedily.

Jessica Gel Removal & Mini Mani or Pedi £20

Gels are removed, nails trimmed & shaped & a prescriptive basecoat to treat your nails is applied

Grooming Hand & Arm Treatment £26

A remedial, conditioning & anti-ageing treatment for neglected hands & nails, leaving them more groomed.

Jessica Zenspa Luxury Pedicure £46

Starting with a nail analysis to treat your nail type, you will enjoy a luscious foot soak, exfoliation, rough skin treatment & foot massage. Your cuticles will be trimmed & your nails shaped & painted in a colour of your choice.

Jessica Geleration Pedicure £48

A Jessica Zenspa pedicure using a soak-off gel for a longer lasting & hard-wearing finish that is dry instantly.

Restorative Foot Fix £45

Immediate results for calluses & cracked heels. Dry skin just peels away. The treatment includes cuticle & nail trimming to restore your feet to their former splendour! Finished with a colour of your choice £5 extra

Eyebrows & Eyelashes

Eyebrow shape (waxing or threading)	£15
Eyebrow shape & tint *	£27
Eyebrow tint *	£12
Eyelash tint *	£12
Eyebrow & Eyelash tint	£22
LVL Lashes	£55

LVL stands for length-volume-lift. We use a setting serum to straighten your natural lashes at the root (making them look curled), & then tint them to create the appearance of mascara. Generally lasts 6-8 weeks.

** An allergy test is required before your first treatment*

Sunless Tanning

We use Vita Liberata , 80% organic & free of odour, parabens, alcohol & perfume, kind & nourishing to the skin. Our manual application turns your sunless tan into a relaxing treatment.

Vita Liberata Tan £35

with exfoliation (highly recommended) £45

Make-Up

We use Jane Iredale skincare makeup - highly pigmented pure mineral powders offer superior, long-lasting coverage. It's high performance, clean & cruelty free.

Make-Up Lesson & Colour Consultation £40

Special Occasion & Prom Make-Up £36

Weddings

We use Jane Iredale skincare mineral makeup as we can get the perfect match for your skin tone. It is long lasting & perfect for photographs.

Bridal Make-Up Consultation & Trial £50

Wedding Day Make-Up Following Trial £50

Bridal Party Make-Up Consultation & Trial £45

Bridal Party Wedding Day Make-Up £45

Bridal Packages

We are happy to quote for bespoke wedding preparation packages.

Gift Vouchers

Leaf gift vouchers are valid for 6 months & are available for any amount, treatment or spa package. Vouchers can be purchased in person, by phone or online. Your gift can be delivered either to you or the recipient in our luxury presentation wallet. Alternatively, we can send an e-voucher by email.

Our Awards

Leaf opened in 2008 & since then has received national recognition from our clients & the spa & beauty industry.

- WINNER: UK Salon of Excellence & Gold Award Salon (International Institute of Anti-Ageing)
- WINNER: Best UK Small Spa (Candis)
- WINNER: Best Independent Small Spa - Cheshire (UK Enterprise Awards)
- WINNER: Best Day Spa - Cheshire (Business Excellence Awards 2020)
- WINNER: Best Skin Clinic - North West 2020
- WINNER: Best Countryside Beauty Salon & Day Spa - Cheshire (LUXLife) 2021

You can find out what our clients say about us on Facebook, Trip Advisor & Google.

Opening Hours

Monday	9.00 - 17.00
Tuesday	9.00 - 18.00
Wednesday	9.00 - 20.00
Thursday	9.00 - 20.00
Friday	9.00 - 19.00
Saturday	9.00 - 17.00
Sunday	Closed

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We reserve the right to change our prices & treatments without further notice.



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